



October 16, 2024 – Issue #10

Police Academy – Ready for Inspection

By Juliana Badua and Jayla Diaz

Have you ever wondered, why do some students at our school have a different uniform? The Police Academy is a part of our school that learns about the career of being a police officer, and part of that is the uniform.

Police academy is known for having a strict policy for their uniforms. Police academy students wear navy-blue polo shirts with a badge. They wear dark navy-blue pants and a belt and white or black socks.



Every Tuesday during advisory, Police Academy have their uniform checks. They do this after the announcements. The uniform checks are a reminder to the students of what they should be wearing every day. The student leaders make sure that the cadets have the whole uniform. They have checklists and inspect every student's clothing.

How do the police academy students feel?



Do they like the uniform check or do they dread doing it? First, we interviewed the 6th grader, Sebastian

Llaguno. We asked him, “How does it feel like to do the check?” And he said, “Not that bad, kind of boring.” We also asked him, “Have you ever worn something you weren’t supposed to wear?” and he stated that, “I always wear what I’m supposed to wear.” We also asked 8th grader Xavier Mentado, “Are the uniform checks difficult or easy?” and he said, “The uniform checks aren’t hard.” Then we interviewed the 7th grade leaders, Jesse Aguilar and Emiliano Zapata. We asked Emiliano Zapata how do you order the uniform checks, and he said, “We usually order them by tallest to shortest.” Then we asked Jesse Aguilar, “Have you ever worn something out of uniform” and he said, “I’ve never have been out of uniform.”

“The Pride of Highland Park” Why does the Garden Look Dead? (It’s Not)

By Miranda Lopez

The garden is a great place at LBMS but it needs to be taken care of. Ranger Marissa, who works for Enrich LA, the company that takes care of our garden, thinks the garden can improve; but it's not a water problem, it's a weed problem. If they water the garden more, more weeds will appear. We need to pluck out all the weeds. She said once we take out all the weeds, we can bring new plants in. Ranger Marissa suggests that LBMS has a garden elective to take care of the plants more. What do you think?



Meet a Teacher: Mr. Downs

By Kaylye Lopez and Mia Saldana

Mostly everyone knows Mr. Downs, but do we really know him? Well to find this out we interviewed him He said, “[I] Love helping people and kids are people, so I love helping kids.” This is why he loves being a teacher. He said every year is different because every kid is unique, so it makes it different. He said that the 6th graders are super kids because they are smart and kind. He said that he likes sixth grade and would not like to teach another grade.

We asked him if he liked his new advisory. “Love my new advisory features. It focuses the brain. You use the brain for learning, learning is good for the brain.” He has been teaching for about 27 years, six of those years being at Yorkdale Elementary School. He has taught 5th, 6th, 7th and 8th grade so far.



He also has 4 kids of his own and now he has 5 grandchildren.

If he was not a teacher, Mr. Downs said that he would like to be a movie star, rock star, or professional golfer. If he wasn't a history and science teacher, he would want to teach a movie or film making class.

Mr. Feinberg’s Advisory – Y22 SRLA: In It for the Long Run

By Madison Adams and Bryden Landberg

There are very few people who can run 5 miles, but can you imagine running 26.2 miles? Students Run Los Angeles



(SRLA) is a running club that trains after school four days a week. They train very hard all throughout the season and run many races. Once they have worked up to

the correct level of skill, they run the LA marathon.

The races start out small, with a 3.12-mile race (also known as a 5k). But as time passes, and they gain enough stamina, they start to run longer and bigger races. SRLA’s first race of the year was the 5k, and that happened on September 29. Next, the runs will get longer, and longer.

When SRLA is not running races, they are training and practicing for the races. Before they go on a run, they stretch, warm up, and set a growth mindset. Then, after they go on a run, they stretch so that they don’t get cramps. If it is too hot to run, then they work out in the fitness center.

SRLA’s motto is "complete, don't compete." This means that you are not trying to be better than others, you are just trying to finish and do your best. On the runs, there are a few main groups. You can stick to the top pack (meaning running up front), the middle pack, or the back of the pack.

Ms. Wohl, a 7th grade science teacher here at LBMS, was interviewed about SRLA. Ms. Wohl is a SRLA coach (along with Mr. Castello and Mr. Valdez) and helps students to improve in their running. When asked why she likes to run with SRLA, Ms. Wohl said, “running clears my mind” and she also likes to run with a group. Ms. Wohl started running with SRLA in 2021.

In SRLA, your goal is to find your running pace. This means that you want to try to run at a very steady pace where you don't have to stop and walk often. This is better than running fast and stopping frequently.



Principals' Meetings Held on Campus

By Celeste Marroquin and Dominick Reyes

Last month, you might have noticed a whole bunch of strange adults on our campus. Those weren't strangers - they were principals. On September 18th, there were three hundred principals who showed up to our school. This was for the monthly principals meeting. The principals' meeting is a big meeting where the principals of Local District East meet. The principals come from schools in our area all the way down to Huntington Park.



The principal's meeting happens once a month. In these meetings, the principals talk about how to help their teachers be better. They also talk a lot about safety and things like how to keep the students safe and keeping the school in a safer space.

You might ask why these principals meet at our school specifically. Mrs. Gastelum said, "They were looking for a big space. Our school also has a good reputation." We should be proud - hundreds of principals choose to meet at our school specifically.

Electives Spark Student's Passions

By Scarlett Rodriguez & Natalie Robles

One of the things that makes Middle School special is that students get their first taste of electives. Electives are fun classes where you learn new things and try them out. At our school, we have Art, Band, Makerspace, Theater and Spanish. We also have some single semester electives like photography, anatomy and crime scene investigation. These electives connect to our magnet themes which are art, technology and police academy.

One of the electives we offer is band. There is a regular band and an accelerated band. When you first enter Mr. Rozsa's elective, he will give you a skills test. Then, when half of the class has passed the test, he will begin to form bands. Bands work together on a song to perform.

Another elective in our school is Art. We have a relatively new art teacher, and her name is Ms. Pena. She started teaching at Burbank 3 years ago. Some of the activities you get to do in her class is to mess around with clay and make a sculpture. We also make some cool paintings. Every day when you walk into her class, she will have a warmup ready for you to do. The warmup helps you get ready to do more difficult art tasks. One student said, "My favorite thing to do in art class is combining colors."

Hot Days Bring Changes to Routines

By Sophia Ramirez and Lexie Cobarrubias

Did you notice how it was last month? It was over 100 degrees! This month is much cooler.

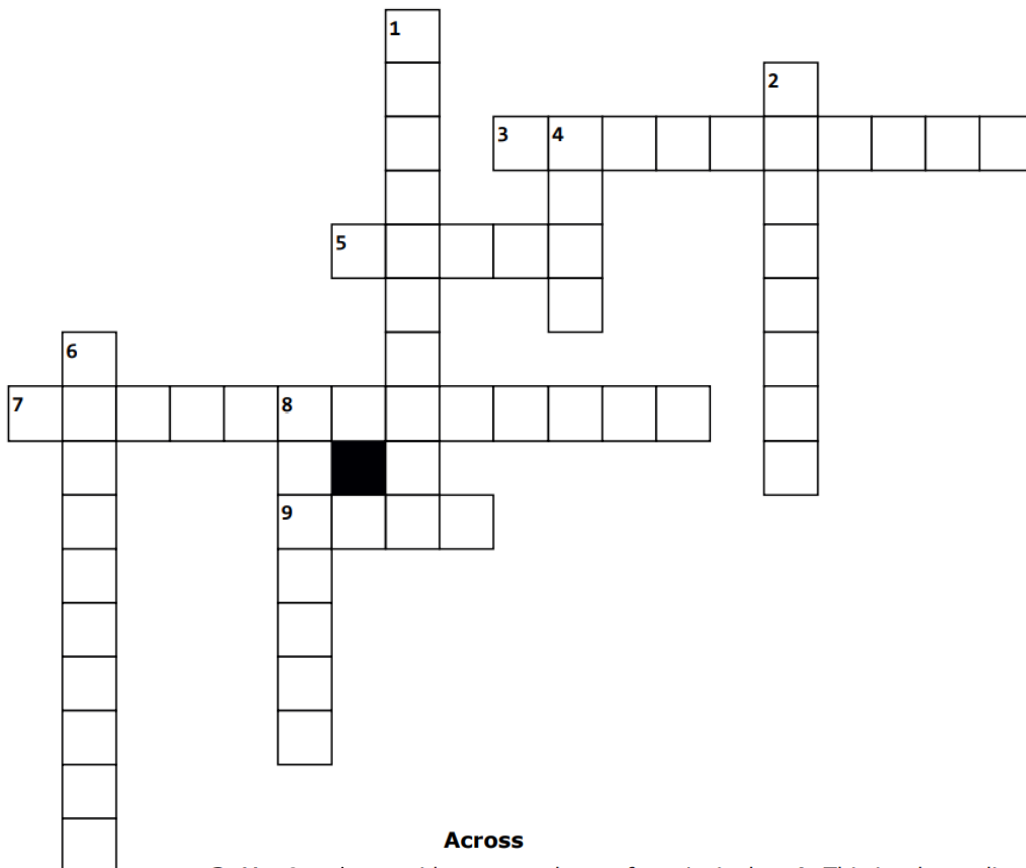
During the heat wave, some of air conditioning units broke down, but were repaired quickly. Much of this heat is because of climate change and greenhouse gases.

When it's hot, what do we do for P.E? P.E Teacher Ms. Kennedy said, "When it is 95 degrees or higher we cannot run and at 103 degrees we can't do any outdoor activities."

How are 6th Graders Enjoying Burbank?

By Yamilet Lopez-Zavala and Jocelyn Diaz

Now that the new 6th graders are settled and are happy on campus, we interviewed several of them to see how things are going. 6th grader Alex said, "I do not really like P.E, but I like my Elective class." The sixth graders have diverse opinions, and out of all of them so far love sixth grade in LBMS.



Across

3. Ms. Gastelum said we were chosen for principal meetings because of our big space and this:
5. This is the major problem in the garden
7. Mr. Downs has 5 of these.
9. Ms. Wohl says running helps clear her _____

Down

1. This is what police academy does every Tuesday.
2. This is the color of the uniforms for police academy
4. This is the local district that meets on our campus
6. These people meet on our campus once per month
8. The SRLA motto is "Complete don't _____"